



JAN HARMSGAT

— EST • 1723 —

Jan Harmsgat (PTY) Ltd 2009/008927/07
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100% POMEGRANATE JUICE

Our 100% Pomegranate Juice contains no added sugar, flavourings or colourants.

Pomegranate juice is packed with health benefits, supporting heart health, memory, skin, digestion, immunity, and more.

Type:	Wonderful Pomegranates
Origin:	Bonnievale
Volume:	250 ml
Ingredients:	100% Pomegranate Juice
Barcode:	6009902021186

Enjoy as an on-the-go healthy drink.

Nutritional information / 100 ml

Energy	252 kJ
Protein	1.4 g
Carbohydrates	24 g
Natural Sugar	16 g
Total Fat	0.5 g
<i>of which is Saturated Fat</i>	0.1 g
Dietary Fiber	0.9 g
Total Sodium	5 mg

